BLOOD DONOR ELIGIBILITY GUIDE

This information can be used as a general guide to help answer questions or concerns that may arise regarding donor eligibility. Eligibility for blood donation with LifeServe Blood Center is determined by criteria established by the Food and Drug Administration (FDA) as well as other blood banking industry regulatory agencies.

General Eligibility Requirements:
All donors should be in overall good health, and are encouraged to be rested and well-nourished at the time of donation.

Age
Donors must be at least 16 years or older. If first-time donors are 16- or 17-years-old, they must have a signed LifeServe Blood Center parent/guardian permission form.

Alcohol
Permissible if not under the influence at the time of donation.

Antibiotics
Donors should not donate if currently taking for an infection.

Cancer
Donors with certain skin and/or cervical cancer may donate three days after treatment. Donors with other types of Cancer may donate after one year of diagnosis if asymptomatic. Donors who have had the following types of cancer are not allowed to donate: Hodgkin’s disease, leukemia, lymphoma, melanoma, multiple myeloma, mycosis fungoides.

Cold
You should not donate if you have a cold on the day of donation.

Diabetes
OK if well controlled by diet and medications. Insulin is OK as long as it was not beef insulin (bovine) from the United Kingdom and not taken since 1980.

Drugs/Medicines
Some medications may be fine for blood donation. At the time of donation, donors will need to provide names of medications that are currently being taken or previously been taken.

Epilepsy/Convulsions/Seizures
OK if seizure-free for six months.

For specific questions regarding donation eligibility, call 800.287.4903, ext. 4876 or email nurse@lifeservebloodcenter.org.