

# MEET MEGAN...

At 23 weeks pregnant, Megan was rushed to the emergency room with spontaneous bleeding. Hospital staff told Megan and her husband that labor was beyond the point of no return and their son was too young to survive outside the womb.



The labor process took nearly a day and she bled on and off throughout. As medical staff struggled to control Megan's bleeding, her hemoglobin count plummeted and she received several transfusions. When her baby Evan was born sleeping, the family tearfully said goodbye and headed home.

A few days later Megan woke up with more bleeding. Back in the emergency room, doctors determined she had a rare uterine malformation that caused life-threatening bleeding. Over the next five hours, an interventional radiologist utilized arterial embolization. During that process Megan received 12 units of red blood cells, 6 units of plasma, and 2 units of platelets.

Thanks for blood donors, Megan was able to recover and has since welcomed a daughter to their family!

# CONNECT WITH US

## AMES DONOR CENTER

819 Wheeler Street Suite 1 | Ames, IA

## ANKENY DONOR CENTER

1555 SE Delaware Suite J | Ankeny, IA

## DES MOINES DONOR CENTER

431 East Locust Street | Des Moines, IA

## FORT DODGE DONOR CENTER

118 South 25th Street | Fort Dodge, IA

800.287.4903 | [lifeservebloodcenter.org](http://lifeservebloodcenter.org)



## MARSHALLTOWN DONOR CENTER

3109 South Center St., Suite 104 | Marshalltown, IA

## MASON CITY DONOR CENTER

4700 Fourth St. SW, Suite E | Mason City, IA

## SIoux CITY DONOR CENTER

4501 Southern Hills Drive | Sioux City, IA

## URBANDALE DONOR CENTER

10469 Hickman Road | Urbandale, IA

## WEST DES MOINES DONOR CENTER

Somerfield Village | West Des Moines, IA

# PLASMA DONATION



 **LifeServe**  
BLOOD CENTER  
Your Blood. Your Hospital. Your Neighbors.



## WHAT CAN I EXPECT DURING A PLASMA DONATION?

Donating plasma is similar to a standard blood donation, but instead of donating a whole pint of blood, you're giving only plasma. During this automated donation, your red blood cells and platelets are returned to you. The actual donation takes about 40 minutes, extending the overall process to just over an hour.

Plasma donors give double the number of plasma cells a whole blood donation collects.



Donors can give plasma every 28 days.

## IS THE DONATION PROCESS SAFE?

Absolutely! Only sterile, single-use equipment is used during a plasma donation.

## WHO CAN GIVE PLASMA?

Plasma donors must meet the general blood donor eligibility requirements below:

Plasma Eligibility	
FEMALES	MALES
120 lbs minimum	120 lbs minimum
 18+ years of age	 16+ years of age
Deferral Period	
28 days (23+)	28 days
180 days (18-22)	

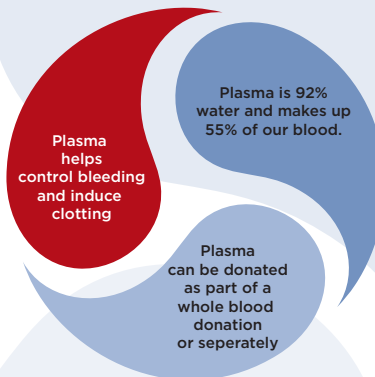
## WHY GIVE PLASMA?

Donated plasma is very versatile! It can be used for transfusion for burn victims, and other hospital patients or to develop plasma-protein therapies. In fact, plasma donations can help folks impacted by more than 80 different diseases, including neurological disorders, immune deficiencies, and hemophilia. Many patients rely on plasma-protein therapies for their entire life, or until a cure is discovered for their disease.

Plasma donors help patients attain a better quality life. In 2020, LifeServe Blood Center began collecting convalescent plasma from people who have recovered from COVID-19. That plasma is used as a treatment for critically ill patients suffering from the virus!

# PLASMA

Plasma is the liquid portion of blood that carries water, salts, and enzymes throughout the body along with antibodies, clotting agents, and proteins.



## WHAT ARE SOME OF THE BENEFITS OF BECOMING A PLASMA DONOR?

In addition to becoming a vital link between lifesaving blood products and the patients who need them, donors also receive tangible benefits when they donate:

- 200 online store reward points
- Special recognition for reaching donation milestones
- A mini-physical that checks blood pressure, pulse, temperature, and iron levels at each donation.



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**YOUR BLOOD. YOUR HOSPITAL. YOUR NEIGHBORS.**