

BLOOD DONOR COMMITMENT SHEET

Blood donors must meet the following requirements:

Weigh at least 120 pounds | Be in general good health | Be at least 16 years old

(16 and 17 year olds who are first time donors with LifeServe Blood Center must turn in a signed minor consent form prior to donating blood)

If you have specific eligibility questions, please call 800.287.4903 or email nurse@lifeservebloodcenter.org

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