

# HOW MUCH DOES YOUR DONATION HELP?

A single hospital patient can require a large amount of blood in a single situation.



## Cancer patients:

Up to eight platelet units per week

**PROUD**  
**GOLD MEMBER**  
**PLATELET**  
**DONOR**  
LIFESERVEBLOODCENTER

Platelets donated with LifeServe truly do save hospital patients here in our community, and the only way to get those patients the lifesaving platelets they need as part of treatment is through generous donors like you, taking the extra time.

# CONNECT WITH US

## AMES DONOR CENTER

819 Wheeler Street Suite 1 | Ames, IA

## ANKENY DONOR CENTER

1555 SE Delaware Suite J | Ankeny, IA

## DES MOINES DONOR CENTER

431 East Locust Street | Des Moines, IA

## FORT DODGE DONOR CENTER

118 South 25th Street | Fort Dodge, IA

800.287.4903 | [lifeservebloodcenter.org](http://lifeservebloodcenter.org)



## MARSHALLTOWN DONOR CENTER

3109 South Center St., Suite 104 | Marshalltown, IA

## MASON CITY DONOR CENTER

4700 Fourth St. SW, Suite E | Mason City, IA

## SIoux CITY DONOR CENTER

4501 Southern Hills Drive | Sioux City, IA

## URBANDALE DONOR CENTER

10469 Hickman Road | Urbandale, IA

## WEST DES MOINES DONOR CENTER

Somerfield Village | West Des Moines, IA

# PLATELET DONATION



**LifeServe**  
BLOOD CENTER  
Your Blood. Your Hospital. Your Neighbors.



## WHAT IS A PLATELET DONATION?

A platelet donation is an automated donation that collects the platelet portion of your blood, while the remaining blood components are returned during the donation. The main function of a platelet is to interact with clotting proteins to prevent or stop bleeding.

## WHAT CAN SOMEONE EXPECT WHEN THEY GIVE A PLATELET DONATION?

A platelet donation is an automated donation that allows the donor to give six times the number of platelets normally collected during a whole blood donation. During this special donation process, a machine is used to safely collect your platelets and return your red blood cells and plasma, along with some saline. It takes a generous person to donate platelets, as the donation can take up to two hours. To pass time during your donation, you will be able to listen to music, connect to WiFi, or watch TV.

## IS THE DONATION PROCESS SAFE?

Absolutely! All materials used during a platelet donation, including bags and needles, are new, sterile, and used only once.

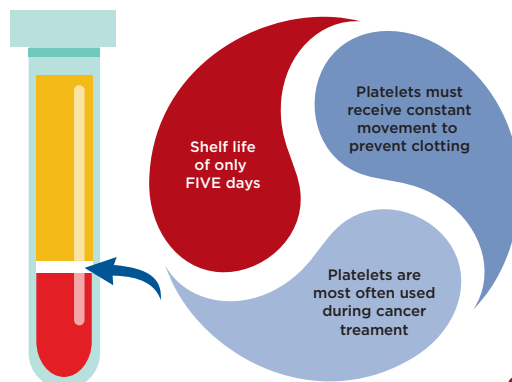
## WHY GIVE PLATELETS?

Platelets are essential for life, as they help control bleeding. When a blood vessel is damaged, platelets collect at the site of the injury and activate substances in plasma which form a clot and allow the wound to heal. Platelets are transfused frequently for:

- Cancer and Leukemia patients
- Burn patients
- Transplant recipients
- Heart surgery
- Patients suffering from bleeding disorders

# PLATELETS



Colorless cell fragments in blood whose main function is to help prevent or stop bleeding and stick to the lining of blood vessels.



## WHO CAN GIVE PLATELETS?

We are currently only able to accept new platelet donations from males due to extensive testing requirements necessary to accept new female donors. Platelet donors must meet the general blood donor eligibility requirements below:

- Weigh at least 120 pounds and be in general good health
- Be at least 16 years of age or older (with a signed parental/guardian consent form)
- Do not take medication containing aspirin 48 hours prior to donating

Platelet Eligibility	
FEMALES	MALES
120 lbs minimum	120 lbs minimum
 18+ years of age	 16+ years of age
2 weeks (23+)	2 weeks
180 days (18-22)	

## HOW OFTEN CAN SOMEONE DONATE PLATELETS?

Donors are eligible to give platelets every two weeks, up to 24 times per year. Since platelets can only be stored for five days, the need for platelet donors is urgent.



**LifeServe**  
BLOOD CENTER

**YOUR BLOOD. YOUR HOSPITAL. YOUR NEIGHBORS.**