

LifeServe Blood Center is your non-profit community based blood center

200,000 We need 200,000 community members to donate each year to ensure our local hospital patients have the blood products they need.

< 5% Fewer than 5% of eligible donors donate on a regular basis.

- Schedule your blood donation appointment online at lifeserve.info/schedule or by calling 800.287.4903.
- · Donation must be at a participating mobile blood drive or at one of our Des Moines metro donor centers.
- When arriving to your scheduled appointment give a LifeServe team member the code provided by your company so you get credit for your donation.

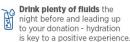
code Free cooling towel with donation

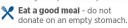
More info: lifeserve.info/23corpgames

TIPS TO PREPARE FOR WHAT TO EXPECT

A POSITIVE DONATION:

We want you to feel great after you've donated. **Prior to your donation:**







Get **plenty of rest** prior to your donation.

Save time at your donation by filling out your LifeServe QuickPass online the day of your donation.



WHAT TO EXPECT DURING THE DONATION:

Four basic steps make up blood donation:

- Registration. Donors will provide their information, signed Parental/guardian permission form if necessary, and identification.
- History Screening. Donors will complete a series of health and lifestyle questions and receive a mini-physical to check temperature, blood pressure, heart rate, and hemoglobin level.
- 3. **Donation**. Collecting a unit of blood about one pint takes approximately 5-10 minutes. Donors may feel a slight pinch for a few seconds, but that is it!
- 4. **Snacks**. After the donation, donors will rest in the snack area and enjoy refreshments.



DES MOINES METRO DONOR CENTERS

Ames

819 Wheeler St, Suite 1

Ankenv

1555 SE Delaware Ave Suite J

Des Moines

431 East Locust St

Pella

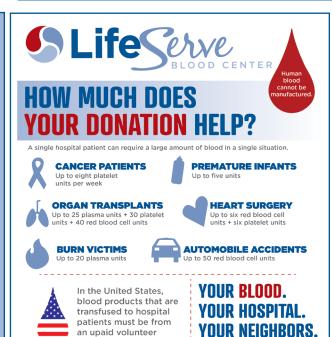
1542 Washington St.

Urbandale

10469 Hickman Road

West Des Moines

4800 Mills Civic Parkway Suite 109



blood donor.

PARTICIPATING COMPANIES AND TEAM CODES

Listed alphabetically below is a list of companies participation in 2023 Corporate Games with the corresponding team code. Please use your team code when checking in at your appointment.

| CODE | COMPANY | CODE | COMPANY |
|------|--|------|------------------------------------|
| 1308 | American Enterprise | 2070 | Global Atlantic Financial Group |
| 0488 | American Equity Investment Life Insurance Co. | 0085 | Grinnell Mutual |
| 2150 | ARAG North America INC - With Ruan | 2162 | Heartland Business Systems |
| 1686 | Atlantic Coca Cola Bottling | 2156 | HOPE Agency |
| 0183 | Berkley Agribusiness - Under W.R Berkley Corp | 0298 | IMT Insurance |
| 1517 | Berkley Technology Services | 1729 | Iowa Soybean Association |
| 2064 | BH Companies | 0884 | ITA Group |
| 2163 | Cellular Advantage | 0687 | John Deere ISG |
| 0201 | City of Des Moines | 2073 | Jones Lang LaSalle Brokerage Inc |
| 2151 | Civil Design Advantage | 1703 | Keen Project Solutions |
| 0199 | Collins Aerospace | 2074 | Kingland |
| 1587 | Community Choice Credit Union | 0885 | Krause Group (Kum & Go) |
| 0183 | Continental Western Group | 2075 | Loffredo Fresh Foods |
| 1826 | Continnum Advantage | 1800 | MidAmerican Energy Company |
| 2152 | Corporate Image | 1635 | MODUS Engineering/OPN |
| 0330 | Corteva | 1826 | Myriad Advisor Solutions |
| 2096 | DCI Group, Inc. | 0025 | Northwestern Mutual |
| 0078 | Dee Zee Inc. | 2077 | OPN Architects |
| 0958 | Deloitte | 1529 | Partnership/MPO |
| 1529 | Des Moines Area MPO | 2078 | PDM |
| 2165 | Des Moines Golf and Country Club | 0948 | Pella Corporation |
| 1232 | Des Moines Marriott Downtown | 0211 | Polk County Government |
| 2066 | DLL Finance | 0369 | Principal |
| 2160 | DLR Group | 2158 | Progressive Insurance |
| 0187 | Drake University | 1735 | R&R Realty Group |
| 2067 | Eide Bailly CPA | 1854 | RMH Systems, Inc |
| 2154 | Elder Corporation | 1084 | Ruan Transportation |
| 2068 | Ernst & Young | 2080 | Ryan Companies |
| 2099 | F&G | 2159 | Schaal Plumbing, Heating & Cooling |
| 0044 | Farm Bureau Financial Services | 1772 | SHAZAM, Inc |
| 1787 | Farmers Mutual Hail Insurance | 2163 | Tarbell & Co., P.L.C. |
| 0207 | Federal Home Loan Bank of Des Moines | 1294 | Turner |
| 2155 | First Interstate Bank | 2081 | UHY |
| 2161 | Five Star FA, Inc | 0749 | Willis Automotive |
| 1727 | Foster Group | 2091 | YMCA of Greater Des Moines |
| 2069 | Foth Infrastructure & Environment | 1737 | Zirous |
| 1558 | FRB Des Moines (Federal Reserve Bank of Chicago) | | |